



SOUTHWEST
DISTRICT HEALTH

Impact Report

FISCAL YEAR
JULY JUNE
2022 to 2023

SWDH.org

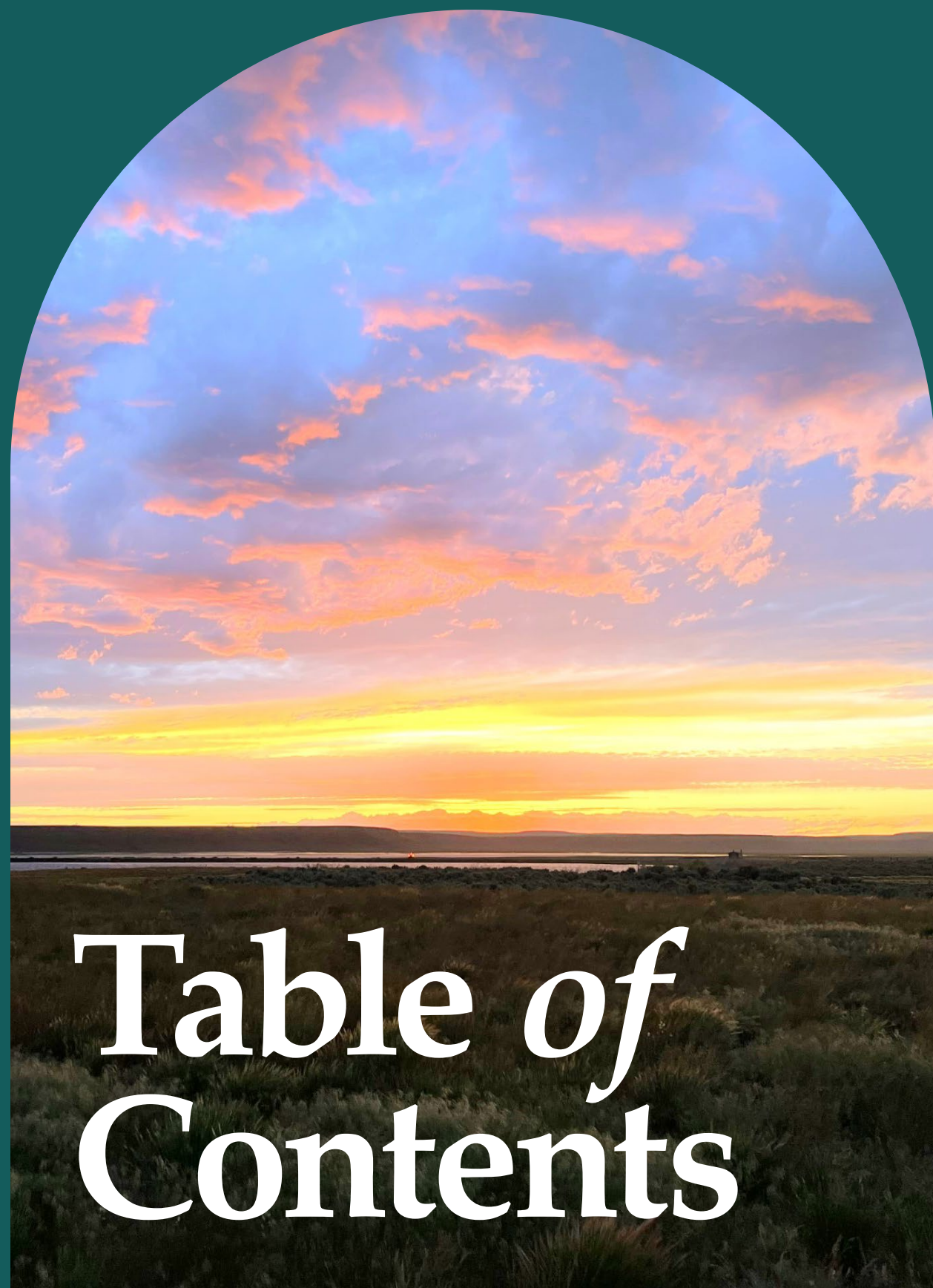


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Our Mission

We work to promote the health and wellness of those who live, work and play in southwest Idaho.

Our Values

- Accountability
- Customer focus
- Teamwork

Our Vision

A healthier southwest Idaho.

With our partners, we work to:

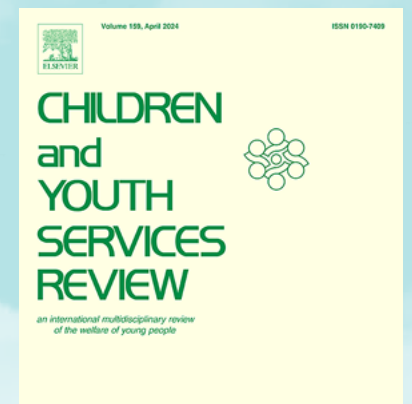
- Protect our environment and resources to ensure healthy future generations
- Promote healthy lifestyles and behaviors
- Prevent disability and premature death

Employee Achievements

- The Idaho Capital Sun published coverage of Southwest District Health's announcement of a syphilis outbreak affecting our region.
- The Idaho Press newspaper interviewed Charlene Cariou (Community Health Program Manager) about teen behavioral health needs in our area and funding the district's new youth crisis center.



- Charlene Cariou, Community Health Program Manager presented SWDH employee retention and engagement efforts to other local health departments at the National Association of City and County Health Officials (NACCHO) annual 360 conference in Atlanta. Charlene was also elected Executive Board Chair for the American Public Health Association.
- Alexis Pickering, Western Idaho Community Health Collaborative Program Manager, was recognized as one of the 2023 Idaho Women of the Year honorees by the Idaho Business Review.
- Ricky Bowman, Public Health Epidemiology & Emergency Response (PHEPER) Program Manager, completed the two-year Certified Public Manager program through the Idaho Division of Human Resources. Graduates receive additional training and demonstrate their leadership skills, deepen their understanding of management, and improve the quality of public service.
- Tara Woodward, Program Planning and Development Specialist published the results of her thesis work in the journal "Children and Youth Services Review." Her article titled "Risk & protective factors for youth substance use across family, peers, school, & leisure domains" used data to understand strategies to prevent youth substance use. Tara is an expert in her field and is actively working to decrease youth substance use and increase community protective factors through her Partnerships for Success work.
- Molly Smith, SWDH Medical Reserve Corps (MRC) Coordinator became a certified Basic Life Support (BLS) instructor. As a result, 65 staff and community members have now been certified in BLS CPR/AED.



Serving Adams County



62

Restaurant Inspections

38

Septic Inspections

5

Signed plats

36

WIC Participants

\$7,997

WIC Voucher Local Spend

2

Home Visits

134

Reportable Diseases Investigated

4

Patients Served

NOTABLE EVENTS

- The Adams County Health Action Team (ACHAT) focused on increasing awareness of mental health resources and decreasing stigma of accessing those resources. The ACHAT developed an action plan to address locally identified mental health priorities by creating awareness materials like posters, stickers, postcards, etc and hosting local mental health trainings. As a result, the ACHAT was awarded a \$3,000 grant. During this process, the ACHAT brought together a diverse group of community members and organizations who shared resources and information about community opportunities, leading to increased knowledge about resources available for youth and community members in the region, such as the Youth Advocacy Coalition (YAC) and Ignite Idaho.

- Partnerships For Success (PFS) and the Millennium Fund provided a total of \$1,898 for an Idaho Drug Free Youth “i21” assembly at Meadows Valley School. 80 students and 6 staff participated. PFS also supported Council in hosting a parent educational presentation on youth substance use prevention and mental health promotion. The event brought in a panel of experts on youth health trends.
- SWDH provided over 19 free prescription medication safety lockboxes to the Meadows Valley Library, who includes them in their community member resource library.



- The Nurse Family Partnership program (NFP) served a pregnant client in Adams County. Due to the remote nature of the client's home, access to care can be difficult. NFP staff provided in-person home visits throughout her pregnancy. The visits included nurse assessments, blood pressure monitoring, and weight checks in between the client's prenatal visits with her OBGYN who was nearly an hour away in McCall. During our NFP visits, the first-time mom became educated on topics like when to call the doctor, what to expect with labor and delivery, necessary infant supplies, and educational programs for mom beyond high school.



Serving Canyon County



1,518
Restaurant Inspections

917
Fit & Fall Proof

418
Septic Inspections

136
Signed Plats

255
Childcare Inspections

7,211
WIC Participants

1,589
Home Visits

\$3.6 MIL
WIC Voucher Local Spend

2,793
Oral Health Visits

10,574
Reportable Diseases Investigated

2,275
Patients Served

NOTABLE EVENTS

• The Caldwell Health Coalition supported another year of the much-loved Senior Produce Program (SPP) at the Caldwell Farmer's Market. In 2023, more than 480 seniors participated and more than 2,000 vouchers were given. The redemption rate was a whopping 93%!



- SWDH partnered with the Caldwell Mayor's Youth Advisory Council and the Nampa Mayor's Teen Council to participate in the annual Sticker Shock campaign. Project Sticker Shock is an awareness campaign to educate the public and change attitudes about selling and serving alcohol to anyone under 21. The project organizes youth to place stickers on paper bags that are used in local stores. The stickers contain a reminder that providing alcohol to those under 21 is illegal: "Ensure brighter futures - never provide alcohol to minors."
- Trauma Intervention Program of the Treasure Valley (TIP) supported schools impacted by suicide as a subgrantee of the Partnership for Success grant. TIP responded to a Canyon County school after a suicide and provided support and resources to over 50 students and staff.
- Officer David Gomez, a contractor of the Partnership for Success grant, provided youth substance use prevention education in Spanish to a "Relatives as Parents" (RAP) group. RAP's are kinship caregivers who take care of a child they are related to but are not their biological parent.
- Three free READY! for Kindergarten® school readiness workshops were provided throughout the year. 18 families attended. The program empowers parents and caregivers to succeed in their role as children's first and most influential teachers. READY! provides tools and activities to optimize the natural curiosity of children and to nurture learning and development. All workshops were held at SWDH and offered in English and Spanish and open to the public.
- The Western Idaho Community Crisis Center (WIDCCC) treated 788 adult clients who were experiencing a crisis. WIDCCC demonstrated a community savings of over \$477,000 in 2023 by diverting nearly 300 adults from law enforcement interaction, jail, and emergency department visits.
- SWDH worked with a local homeschool co-op to offer Community Emergency Response Teams (CERT) as an elective class. Approximately 20 students completed CERT which equips community youth to be confident with basic skills to respond in an emergency.





- Over 500 free prescription safety materials were given to Canyon County community members and organizations. Lockboxes and prescription disposal pouches were shared with several organizations that provide counseling services, including Aura Counseling, Lifeways, Human Support Services, and Trivium Life Services. These resources were also provided to school counselors, juvenile probation and corrections, the Nampa Family Justice Center, the Nampa and Caldwell libraries, and the Western Idaho Community Crisis Center.
- 700 students participated in the CATCH My Breath vape prevention program at schools in Canyon County.



Serving Gem County



145

Restaurant Inspections

189

Fit & Fall Proof

117

Septic Inspections

30

Signed Plats

15

Childcare Inspections

380

WIC Participants

25

Home Visits

\$125,081

WIC Voucher Local Spend

278

Oral Health Visits

634

Reportable Diseases Investigated

212

Patients Served

NOTABLE EVENTS

• The Partnerships for Success Grant project supported the Emmett Police Department and Gem Community Health Coalition in increasing lighting in a park where there was a high rate of calls for suspicious activities, including youth substance use. This was a collaboration between SWDH and the Emmett Police Department, Public Works, and City Hall to decrease the number of available places for consumption of substances by increasing signage, lighting, adding a security camera and spreading information regarding legal consequences in the Emmett City Park.

- Prescription safety disposal pouches and educational materials were provided to the Gem County Recovery Center, the Emmett Senior Center, and at Emmett's Fall Drug Take Back Day event.
- SWDH now has a local FEMA certified Incident Command instructor that can serve as a local resource to our communities in using the Incident Command System with a public health focus.
- A Nurse Family Partnership (NFP) client has significant anxiety and other mental health challenges. She was not open to counseling due to having had to pay hefty fees for sessions in the past. She was also not signed up for any support services. After 8 weeks of nurse visits with the client, she signed up for Medicaid which allowed her to feel more comfortable re-enrolling in counseling which she now goes to weekly. She has also enrolled in WIC and changed her OB provider as she was unsatisfied with the care she had been receiving. This client has shown huge progress (and quickly!) in her ability to follow through on the goals discussed with her NFP nurse.



"Angie is just sweet and amazing. She did my appointment even after I was late. I love WIC. It's always been really nice and helpful for my family and I love the option of WIC smart and only having to come to the office every couple months. I think all the folks there really care about individuals and their children."

– **Kelly R.**
Google Reviewer



Serving Owyhee County



135

Restaurant Inspections

59

Fit & Fall Proof

63

Septic Inspections

3

Signed Plats

5

Childcare Inspections

346

WIC Participants

42

Home Visits

\$141,120

WIC Voucher Local Spend

442

Oral Health Visits

386

Reportable Diseases Investigated

65

Patients Served

NOTABLE EVENTS

- A Fentanyl Awareness Townhall event was held in Marsing with 70 community members attending. The Sheriff and an ISP Officer gave presentations. Nearly half of the attendees stayed after to be trained in Naloxone administration. SWDH also provided a box of Narcan to every participant.
- 120 students participated in the CATCH My Breath vape prevention program at Homedale High School.



- The Homedale police department hosted Owyhee County's first prescription drug takeback day where 8 lbs of prescription drugs were responsibly collected and safely disposed of.
- SWDH sponsored a "How to Talk to Youth About Substance Use" training for providers at the federally qualified health center, Desert Sage Health Center in Grand View.



- SWDH provided prescription medication safety materials to Empower Idaho to distribute in Duck Valley during a Recovery Day event as well as at a PACE coalition Naloxone overdose prevention training, and to the Marsing Police Department at their Fentanyl Awareness event.



- During SWDH's annual holiday food drive, staff collected 397 lbs. of food to donate to the Marsing HUB food pantry.



- The Owyhee Health Coalition hosted the Owyhee County Health Fair & Fun Run. A couple dozen community members visited every booth and 18 participated in the run. Terry Reilly Health Services reported 40 encounters at their booth and mobile clinic offering free health and dental screenings. 100 large bags of food were also provided by the Idaho Foodbank to families who attended.



- SWDH's Partnerships for Success program funded an Idaho Drug Free Youth (iDFY) Chapter at Rimrock Junior/Senior High School in Bruneau. An iDFY Chapter helps build connection and leadership skills among youth and helps educate about the benefits of a substance-free life.



Serving Payette County



191

Restaurant Inspections

281

Fit & Fall Proof

65

Septic Inspections

10

Signed Plats

21

Childcare Inspections

845

WIC Participants

36

Home Visits

\$335,291

WIC Voucher Local Spend

460

Oral Health Visits

1,302

Reportable Diseases Investigated

87

Patients Served

NOTABLE EVENTS

- The Payette County Health Action Team (PCHAT) was one of 13 applicants nationwide awarded funding through the BUILD Health Challenge. Titled BUILD Payette, this three-year initiative will provide workforce housing and wrap-around services. This funding opportunity speaks volumes about the collaborative impact CHATs have in fostering private-public partnerships.



- Roll & Read, powered by Parents as Teachers (PAT), is a community event held twice per year that promotes school readiness, early literacy, and healthy families. Families have the opportunity to interact with first responders who serve and protect their community, like the Payette County Sheriff's Office, the Paramedics and the Fire Department. At each vehicle, a local representative reads a story about their job, discusses their agency services, and gives families a chance to interact with the emergency vehicles. At the final stop, free books are provided to the families to encourage continued exploration through reading together. Over 60 people attended the September and May events.



- 120 students participated in the CATCH My Breath vape prevention program at schools in Payette County.
- Prescription disposal pouches, lockboxes, and educational materials were provided to Insight Counseling's Payette location.

“SWDH has been a great partner on many fronts. I appreciate SWDH as an information resource — from wellness to behavioral health to environmental issues like groundwater and sewage disposal. Good information helps me help my community.

The SWDH staff is very responsive and is always looking for new and better opportunities to improve the health and well-being of our six-county district.”

– **Jennifer Riebe**
County Commissioner



Serving Washington County

124
Restaurant Inspections

20
Fit & Fall Proof

50
Septic Inspections

9
Signed Plats

8
Childcare Inspections

320
WIC Participants

36
Home Visits

\$114,397
WIC Voucher Local Spend

38
Oral Health Visits

1,302
Reportable Diseases Investigated

458
Patients Served

NOTABLE EVENTS

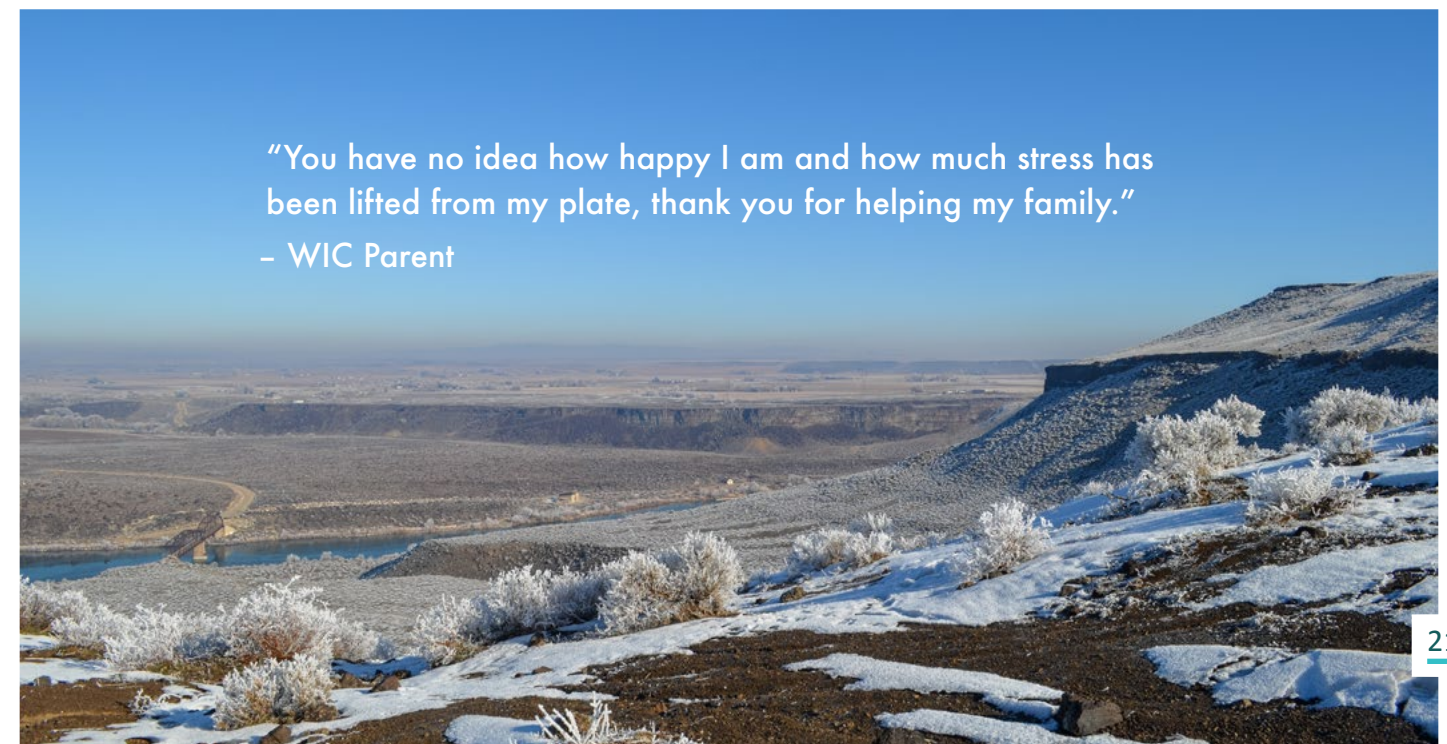
Partnerships For Success partnered with the Western Central Mountains Youth Advocacy Coalition, and the Tri-Valley Co-Op to support the implementation of the Icelandic Prevention Model in the Tri-Valley area (Midvale, Cambridge, and Indian Valley in Adams County). The Icelandic Prevention Model brings together parents, teachers, and community members who are in the closest vicinity of children and youth to support positive youth development by nurturing protective factors and addressing risks associated with youth substance use and poor mental health outcomes. The subgrantee used funding to support local personnel

leading the initiative and resources needed to plan and implement family and youth activities.

- 19 teachers and school staff members from the Cambridge School District were trained in nasal Naloxone administration in an effort to help prevent fentanyl-related deaths.
- Savanha Rodriguez instructed our Certified Food Protection Manager course at the Vendome. There were 16 attendees from the local community. The course provided required food safety education in a more accessible location for both Washington and Adams Counties.
- 60 students participated in the CATCH My Breath vape prevention program at schools in Washington County.
- Due to the nationwide Enfamil AR (Added Rice) formula shortage, this formula was not available at local grocery stores in Idaho. This event impacted more than 15 families in our WIC Program who were feeding this specialized formula to their infants who struggled with reflux and frequent spit up. Worried parents reached out to us seeking solutions. Our WIC dietitians worked with each family and their pediatricians to develop individualized feeding strategies until this specialized formula became available again.



"You have no idea how happy I am and how much stress has been lifted from my plate, thank you for helping my family."
– WIC Parent

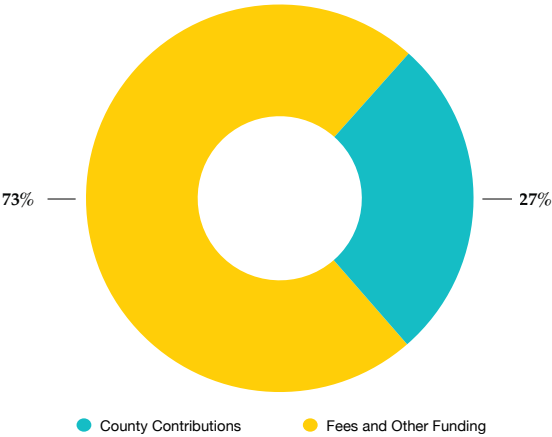


Funding

Contributions from the six counties Southwest District Health serves fund about 27% of the annual SWDH budget. In total, next fiscal year, the six counties will pay just over \$3.1 million or about 27% of the annual SWDH budget and less than (20%) if you include crisis center funding.

The other 73% of funds come from collecting fees and pursuing other funding sources like grants, contracts, and donations to support SWDH’s statutory obligations and strategic priorities.

Every \$1 from county property tax payers is matched with \$4.05 from other funding sources. That’s a pretty good return on investment, but that is not the only benefit. SWDH ensures communities across all six counties have full access to essential public health services, health professionals, local data, and local experts.

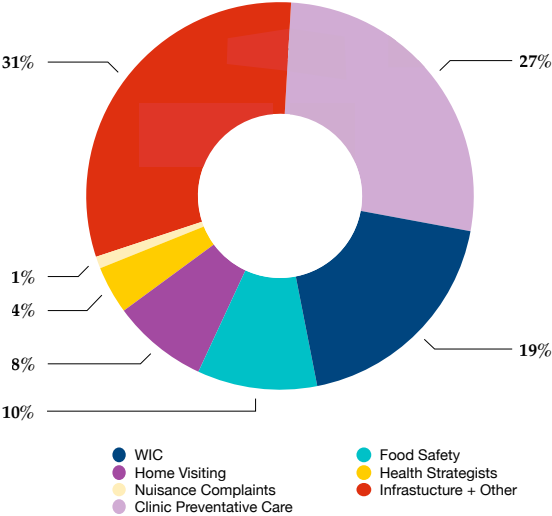


County Dollars at Work

County dollars help fund a well-trained workforce of local experts making a local impact.

Financials

Because of the financial investment of our counties and their commitment to healthy and thriving communities, SWDH has been able to maintain a strong infrastructure, be responsive to our communities’ needs, and be a meaningful partner for leading and improving health.



Expenses	FY 2022 (Actual Revenue)	FY 2023 (Actual Revenue)	FY 2024 (Approved Revenue Budget)	FY2025 (Proposed Revenue Budget)
Salaries & Benefits	\$7,694,963	\$7,838,077	\$9,709,707	\$9,565,523
Other Expenses	\$2,876,199	\$3,468,608	\$7,069,272	\$6,226,850
Total Expenses	\$10,571,162	\$11,306,685	\$16,778,979	\$15,792,373

Revenues	FY 2022 (Actual Revenue)	FY 2023 (Actual Revenue)	FY 2024 (Approved Expense Budget)	FY2025 (Proposed Expense Budget)
County Contributions	\$1,539,463	\$2,927,727	\$3,031,875	\$3,122,831
State Fund Appropriation	\$1,005,300	\$71,500	\$135,733	\$132,307
Contracts, Fees & Other	\$8,920,575	\$10,836,272	\$13,611,372	\$12,537,235
Total Expenses	\$11,465,338	\$13,835,499	\$16,778,980	\$15,792,373

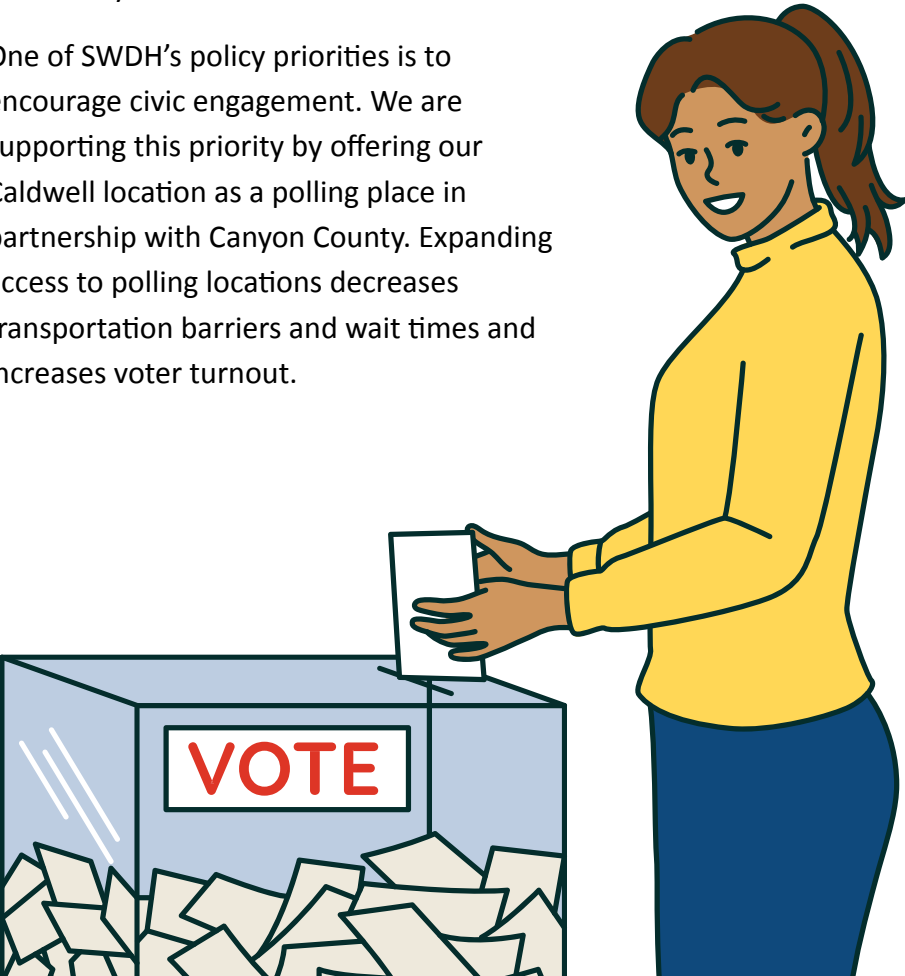
Community Collaborations



- The SWDH dental program delivers essential dental health education, screenings, and fluoride varnish to kindergarten students within our district. One particular student last year came through the program with multiple dental issues. Our dental hygienist contacted the parents and encouraged them to apply to Delta Dental's GrinWell for You free program for uninsured kids. The student was accepted, and the family expressed gratitude, sharing that without our youth dental program they would not have been aware of the dental issue or the availability of the Delta Dental GrinWell resource. This effort saved one family thousands in dental bills and a child a lifetime of potential dental issues.
- Through a partnership with the American Red Cross, Southwest District Health hosted three blood drives at our Caldwell campus, resulting in 70 units of blood collected.
- The Youth Resource & Opportunity Collaborative (YouthROC) began serving youth and families district wide through evidence-based behavioral health screening, assessment, and case management services in February of 2023. 127 referrals were received in the first few months from 4 out of the 6 counties we serve. YouthROC services are provided by partner organizations including Nampa Family Justice Center, WICAP, Advocates Against Family Violence, and Boys & Girls Clubs of Canyon County. Establishing this upstream, early intervention and prevention program allows youth and families to receive support and connection to much needed community resources, aiding in the diversion from potential juvenile justice and child welfare system involvement.
- Partnerships For Success provided over 900 prescription safety disposal, storage, and educational materials to community members and organizations. These free materials were distributed throughout all six counties.



- The SWDH food safety team collaborated with large event coordinators such as the Ford Idaho Center, Indian Creek Plaza, ten local farmers markets, and fairgrounds in all six counties to ensure food vendors were properly licensed and serving food safely.
- One of SWDH’s policy priorities is to encourage civic engagement. We are supporting this priority by offering our Caldwell location as a polling place in partnership with Canyon County. Expanding access to polling locations decreases transportation barriers and wait times and increases voter turnout.



“Every time I leave this place, I feel overwhelmingly blessed and thankful. This is the only place I can afford, sometimes I can’t contribute anything and they still treat me very well. There is a real sense of care here you don’t find other places.”

– **Charleyne C.**
Patient



Looking Ahead



Upcoming focus areas:

In the upcoming year, SWDH will prioritize the holistic well-being of the community by fostering collaboration both internally and externally. Recognizing that whole health efforts require a multifaceted approach, SWDH is committed to leveraging its own programs while also engaging with community partners to address the diverse health needs of the population it serves. Internally, SWDH will streamline communication and cooperation among its various programs, ensuring that resources and expertise are effectively utilized to support the community's health goals. Examples include SWDH walk-in events where community members walk in on designated days and make up WIC appointments, receive immunizations, oral health screenings, sports physical, and learn about other programs they may qualify for such as Parents as Teachers, Nurse Family Partnership, the diaper program, tobacco cessation and more.

Externally, SWDH will strengthen partnerships with local healthcare providers, non-profit organizations, schools, government agencies, and other stakeholders to create a network of support that extends beyond the walls of traditional healthcare settings. By strengthening collaboration with community partners, SWDH aims to enhance access to healthcare services, promote health education and prevention initiatives, and address the social determinants of health that impact the well-being of individuals and families. Through this collective effort, SWDH seeks to cultivate a community wide culture of health and wellness, where everyone has the opportunity to thrive and lead fulfilling lives.

Addressing the Communities' Whole Health

In the years ahead, SWDH aims to address the whole health of our community.

We will do our part to help Southwest Idaho's individuals, families, and communities have a positive and hopeful outlook, eat wisely, be active, and connect with their loved ones.

Healthcare is an important part of sustaining and restoring health. In addition to that, public health believes in the power of prevention via maintaining a healthy lifestyle in a safe environment. This improves the odds of a longer life free of disease and disability.

Regional Community Health Needs Assessment and Improvement Plan

In 2023, the Western Idaho Community Health Collaborative (WICHHC) conducted a comprehensive 10-county health needs assessment. The assessment identified three priorities areas impacting health: (1) safe and affordable housing, (2) behavioral health, and (3) limited access to care (particularly oral and vision care). WICHHC also developed an improvement plan. Where WICHHC and SWDH priorities align, we are taking an active role.

Opioid Use Intervention and Prevention

SWDH's Board of Health approved the first spending plan for opioid settlement funds distributed to the district. Funds in the first year are being used to expand infrastructure capacity that will sustain a collaborative of settlement recipients to coordinate implementation efforts. Funds are also being used to focus on prevention. SWDH is implementing community-based family competency programs, such as courses that equip parents with the skills necessary to discuss substance misuse with their children. SWDH is also planning to use these funds for a Behavioral Health provider to support those with substance use disorder and any other co-occurring mental health needs. Lastly, SWDH is focusing on providing support and treatment to those at risk of developing an opioid use disorder or for those who work with individuals experiencing a substance use disorder. Examples include hosting an evidence-based training called Screening, Brief Intervention, and Referral to Treatment (SBIRT), increasing the availability of overdose prevention supplies, such as Naloxone, to people at highest risk, developing a post-overdose response team, and providing counseling services.

Pre-prosecution Diversion: JEDI

Canyon County and SWDH are partnering to develop a pre-prosecution diversion program that is intended to divert adults who suffer from mental health disorders and/or substance use disorders from the justice system. This goal will be achieved through early interventions, case management, and referral to care and support services. The Pre-Prosecution Diversion program will focus on implementing a systems approach to reduce duplication, filling gaps and needs, and increasing accountability by utilizing the Collective Impact Model.

The Pre-Prosecution Diversion program is actively collaborating with community partners in Canyon County to include law enforcement, first responders, behavioral health treatment providers, hospitals, the Western Idaho Community Crisis Center, the 988 hotline, mobile crisis units, and support services.

The Pre-Prosecution Diversion program is further creating the Justice Education & Diversion Initiative (JEDI) Center. The JEDI Center will be a location where service agencies can co-locate to improve accessibility and decrease barriers for individuals who are referred to the program.

Expanding Rural EMS Capacity

SWDH was awarded funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) to increase access to crisis care in our six-county region. SWDH is partnering with Washington’s County’s Emergency Medical Services system to create a Psychiatric Evaluation Team that will respond directly to people experiencing a behavioral health crisis and transport them to appropriate services. The goal of this work is to expand rural EMS capacity and reduce the burden of first responders, giving them more time and resources to respond to non-behavioral health emergencies.

Protecting our Water Resources

In an effort to provide excellent customer service and protect the groundwaters of our region, SWDH implemented the use of a drone to capture aerial photographs of completed septic systems. Using drone technology allows inspectors to easily take photographs of each septic system before it’s covered. This not only gives each homeowner a quality record of the system installed on their property, but it also provides SWDH with data to recognize setbacks or areas of concern for future development.



Preventing Youth Substance Use

SWDH received the Strategic Prevention Framework – Partners for Success for Communities grant from the Substance Abuse Mental Health Services Administration (SAMHSA) and the Department of Health and Human Services. SWDH will now receive nearly \$375,000 annually for five years to engage in upstream prevention work focused on preventing youth alcohol, marijuana, and stimulant use and to promote positive youth mental health.

New Environmental Health Payment and Application Portal

The environmental health self-service portal launched November 2022. Customers can now make payments, submit applications, view inspection reports, request records, and submit complaints online, on their own. This increases staff efficiency and decreases customer waiting periods by significantly reducing the time it takes to process applications and make and take payments. Over 320 customers submitted work and over 240 payments were made through our new portal during the first six months after launch.



